



# FERGUSON-FLORISSANT SCHOOL DISTRICT

## School Counseling Department

### School Counseling Program

The School Counseling program is an integral piece of the overall educational process. School Counselors provide a comprehensive program that supports students' academic, personal, social/emotional and career development. Growth and learning are developmental; therefore, guidance must be developmental and sequential. The need for guidance begins with pre-school entrance and continues throughout life.

The Comprehensive School Counseling Program is a K-12 developmental program that is concerned with all students while recognizing the fact that individuals have needs that will continue to require special attention. As a result, the comprehensive guidance program is for all students and becomes developmental rather than crisis-oriented.



### What do Elementary Counselors Do?

Elementary School Counselors assist students in learning the skills and attitudes necessary to be successful learners. They help students learn that the classroom is their first workplace and that communication, decision-making, interpersonal and career awareness skills are important to their success.



# Small Groups

Small groups are held throughout the school year, typically for 6 to 8 weeks at a time to work on specific skills. The groups consist of 3-4 students who might need assistance in a particular area. Possible topics include self-esteem, friendship skills, emotional regulation, grief and dealing with changes. Students can be referred to a small group by their teachers or parents.



## Outside Agencies

- Pinocchio: School Based play therapy. Students must meet entrance criteria. They are screened at the beginning of the year
- Red Circle: in school tutoring based on teacher recommendation. Contact counselor for more information
- Great Circle: School-based Individual therapy, school referral

## Resources:

Who are School Counselors

ASCA - The Role of The School Counselor

ASCA - The Essential Role of Elementary School Counselors

DESE Comprehensive School Counseling Program

